Kipling is Kind
Sandy Hook Promise Initiative
Start with HELLO

Start with hello is an age appropriate training for K-12 grades that teaches youth how to minimize social isolation, empathize with others, and create a more inclusive, connected culture. The program is anchored around three major steps: see someone alone, reach out and help, and start with hello.
Mix-up Mondays

From a students perspective:
Vivienne Laufer
-What is it

Tyler Heiman
-What has it done for me
Philanthropy Action Team
Philanthropy Team Accomplishments
What is The Great Kindness Challenge

The Great Kindness Challenge is a 1 week challenge where we focus on kindness. It is a proactive and positive bullying prevention initiative that improves school climate and increases student engagement. The Great Kindness Challenge - School Edition is one week devoted to performing as many acts of kindness as possible at school. Using the provided kindness checklist, students accept the challenge and show the world that KINDNESS MATTERS!
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<th>MONDAY</th>
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<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<td>Assembly</td>
<td>Pick from the Kindness box</td>
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<td>Classroom Activity: Go over Kindness Checklist</td>
<td>Recess Stations: Kindness coloring sheets</td>
<td>Recces stations: Writing kind notes to people who are kind</td>
<td>Recces Stations: How I am Kind/Kindness troopers</td>
<td>Philanthropy Event: The SOUPer Bowl</td>
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<td>PJ day -Dream of kindness</td>
<td>Dress up like your kind teacher</td>
<td>Wacky Wednesday</td>
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Day 1: Introduce the Great Kindness Challenge

Assembly script On Monday we shared the Great Kindness Challenge with the school. We pumped up the school for the week, and shared some fun kindness spirit days. Monday was PJ day, where you got to “dream of kindness!”

Video we shared at the assembly. This video was to help kids see how they could be kind in their school community. This video was made by 5th graders at Kipling
Day #2

On Tuesday we dressed up like our kind teacher day. This showed kindness towards our teachers. During our recess we did kindness coloring sheets. This shows kindness because we can give them to our friends, hang them around the school, or even if we keep them for ourselves it reminds us to always be kind.
Day 2 Pics

K-3 students coloring during recess. These coloring pages had quotes that encourage kindness. They were posted around the school, in classrooms and brought home! This activity was run by the student lighthouse team during all 3 recesses!
Day #3

On Wednesday, for our recess kindness station, we made kindness hearts. How this worked, was that on a kindness heart, you would write how someone was kind to you or someone else. Then they would give it to that person. We also had the kindness coloring sheets available if someone was done with their kindness hearts. It was also Dress Wacky Day, so students got to be Wacky for kindness.
K-3 students making kindness hearts to give to friends on how they were kind. This was ran by the Lighthouse Team members as well.
Day #4

On Thursday we were kindness troopers. We did this so we can spread kindness. During recess stations we got a question we were supposed to answer. The question was, how can you use the force of kindness to spread it? Then we made kindness trooper headbands. Thursday was Kipling Spirit day.
Day #5

On this day we dressed like a rainbow. We dressed in rainbow colors so we can spread kindness like confetti because who doesn't like color, it makes people happy.

This also goes with our school theme, because our theme this year is kindness, based off the book *The Invisible Boy*. When people in the story were not being kind, the boy was feeling invisible, but when people were being kind, he felt colorful.
Reflection: How has being kind changed Kipling this year!

Positives:

- Recess inclusion
- People using kind and respectful words, like please and thank you
- Not just groups of friends, people have included others in their friendship circle
- Having *The Invisible Boy* as our school theme to model kindness. We chose *The Invisible Boy* because we wanted our school theme to be kindness.
- Integrated kindness in all subjects
Reflection: How has being kind changed Kipling this year!

Work ons:
- Some kids still not taking it seriously (older students)
- Some kids are not kind unless it is a focus
- Some kids may still feel left out and alone

To conclude, we really think the kindness challenge has impacted our school greatly!

Does anyone have any questions?